



## Health & Wellness Advisory Committee

Virtual Meeting – 3:30 pm

December 9, 2021

### **I. Reports:**

- A. District Updates - Michael Byrd, Assistant Superintendent
- B. Food Services - Erin Wilkes, Director of Food Services
  - Quarterly Menu Review - Ark. 6.06.5
  - [https://docs.google.com/document/d/1rkGAoQhSNAV2nikUaTOgDgwHLr\\_VslaenVTio7rU7Yk/edit](https://docs.google.com/document/d/1rkGAoQhSNAV2nikUaTOgDgwHLr_VslaenVTio7rU7Yk/edit)
- C. Health Services – Vonda Morgan, Director of Nursing
- D. Counseling Services - Terena Woodruff/Emily Taylor, Director of Counseling
- E. School Health Programs – Kelly Spencer, Health & Wellness Coordinator

### **II. Other Business**

#### Staff Wellness Bowling

- Building/Department Representatives Roles
- Middle and Secondary & Departments - January 25 at 4:30 pm
- K-4 - February 1 at 4:30 pm

#### Fitness Classes

#### Next Wellness Committee Meeting - February 24, 2022

- Ark. 6.06.5 - *Annually maintain and update a written list of recommended locally available healthier options for food and Beverages available for sale to students.*